



**HEADQUARTERS
CIVIL AIR PATROL VIRGINIA WING
UNITED STATES AIR FORCE AUXILIARY**
7401 Airfield Drive
Richmond, Virginia 23237-2250



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**TO: ALL VIRGINIA WING SENIOR MEMBERS AND CADETS
COMMANDERS PLEASE POST**

FROM: HQ, VIRGINIA WING, Administrative Assistant, Terry Picha

UNIT NEWSLETTER: It is very important that you share this Newsletter with all Members of your Unit. Please review this material at your unit meeting and post a copy on your Bulletin Board so that it will be available to ALL members. (Members can't participate if you do not tell them about coming events). This Bulletin is posted on the Virginia Wing Website as a PDF document.

June 2003

Monthly Wing Staff Meeting; CANCELLED

21 Mission Pilot Observer Class **Cancelled**
28-29 CLC Training, VAWG Headquarters

REPORTS DUE: (Required by NHQ &/or Wing CC)

5 - Corp. Vehicle Daily Inspection Reports
10 - VA Wg A/C Utilization Reports due (Including Checks)
- Public Affairs Report

Cadet Activities June

25-29 National Cadet Competition
20-29 VAWG Cadet Encampment, Location Fort Pickett

1. WING COMMANDER- There will not be a staff meeting for the month of June due to vacation schedules of personnel. During this time, work on meeting the requirements for the Staff Assistance Visit (SAV). July 12, 2003 will be the next Full Commanders call at VAWG Headquarters. All Group and Squadron Commanders will be expected to attend.

A Unit Commanders Course (UCC) will be held at Virginia Wing Headquarters on August 16 and 17. All Unit Commanders are expected to attend unless excused by the Wing Commander. Deputy Commanders are invited to attend, and other members by space available basis. Submit a CAPF 17 through channels to attend. More information will follow on this course.

2. CHIEF-of-STAFF- The third Monday of each month has been set aside for a Wing Staff Meeting. It will be held at 7:30 p.m. unless otherwise specified.

Col Glass has provided the wing with a summary of actions taken at the NEC meeting held in Atlanta, May 2nd and 3rd. The following are items that may affect units within VAWG.

1. You can expect to see the new versions of the following regulations that were approved by the NEC: 123-1, 123-2 and 900-2.

2. Cadet Orientation Rides are being completed at a rate 38% higher than last year, resulting in a shortfall in funding for FY'03. Rides will be reimbursed on a first flown- first paid basis. Units need to concentrate on completing planned rides as soon as possible. VAWG has used up 42% of its O-Ride allocation to date.

3. FY'03 funding for new uniforms for cadets has been exhausted. There will be no more "free" uniforms from the Air Force until October. Units are advise to recycle uniforms from cadets who resign or outgrow their present uniforms.

4. USAF Academy has given CAP 15 gliders. Middle East Region will receive three, of which one will come to VAWG. We have also been approved to receive another Blanik, which when it arrives, means we will lose the academy glider.

5. CAP Nat'l HQ has 15 Cessna 182's on order for delivery between Sept and November. Orders for an additional 28 aircraft have been approved in FY 02 funding but have not yet been ordered.

6. The NEC has elected not to renew the third option year on the Ashton Lewis race car.
7. The CAP Bookstore will be renamed CAPMART and will be fully on line by 23 Aug 03.

3. INSPECTOR GENERAL OFFICE- Please welcome Lt Col Donald Thomas to Wing Staff as Deputy Inspector General. He will be assisting Colonel Maddox in the upcoming SAV Inspection. You may contact him at 804-932-9454 or email ColdThomas@cox.net. These are his comments: The Wing Inspector General is the "eyes and ears" of the Wing Commander and provides information of potential areas of concern. CAP members are reminded that they have a responsibility to report fraud, waste and abuse (FWA); violations of policies or directives; abuse (including abuse of authority); cadet protection issues or misconduct; to an appropriate Commander or to the IG. In addition, CAP members should report any known violations of law relating to these CAP issues. Col Maddox and Lt Col Thomas work for the Wing Commander and official communications from CAP members with them are considered privileged information.

4. WING NEWS: Newport News Composite Squadron would like to invite you to a special talk on June 10th by Norfolk Air Traffic Controller Mike Clark. With the intense airspace environments that CAP often operates while conducting search operations it is critical that CAP pilots and observers fully understand the nuances of communication with air traffic controllers. The title of Mike's talk will be, "How to Get Exactly What You Want in Busy Airspace." His talk will cover various aspects of CAP search operations as they relate to ATC including how to conduct electronic searches in IMC. This talk will be held in the Newport News CAP building at Newport News Airport on Tuesday June 10th at 7:30. Please RSVP to hwoods@vims.edu

The MER Conference will be held at Sheraton Park South, Richmond, VA 24-26 October 2003. Room rates for CAP is \$70.00 per night. Book early! For more information regarding this conference, contact BonnieB67@aol.com

If you read this Bulletin, drop me an email and let me know. Admin@vawg.cap.gov.

The next time you are online at home, log in the National HQ. Pull up your personal record and check all the information. Don't forget to check your area code, phone number, home and email address. Wing Admin cannot change this information for you-you must do it yourself. The information in your record at National is used by the VAWG Paperless website. If it is not correct, you may be missing out.

Summer is almost here with accompanying field exercises. Don't wait until the last minute to claim goods for your squadron! I will ship courtesy VAWG (except sleeping bags). All items have been inspected for usability. At present I have 80 tactical vest, 100 web belts and 24 sleeping bags. I prefer to assign goods to squadrons or groups (either supply officers or Commanders) rather than individuals. I will definitely not assign goods to individual cadets. They can acquire DoD goods on a temporary basis through their squadron supply officer or squadron commander. If you are a staff member of squadron VA001, you can order directly from me, as I am functioning as a member of VA001 when I screen and receive goods. Submitted by Capt Shidisky, DRMO Screening Agent.

5. PUBLIC AFFAIRS: Please submit articles to the Civil Air Patrol News We invite you to submit articles regarding special events, aerospace activities, change of command, ES missions, cadet program activities, field trips, training exercises...the sky's the limit. Please make sure you include pertinent information using the "who, what, where, when and why" formula and you'll have a good article.

6. CADETS - There has been a limited response to my request for information regarding guidons. We are hoping that all units will have a guidon to use at Wing Events such as the FTX, encampment and conference. If you have not already done so, please advise me as to the status of your unit guidon.

I will be most interested to hear your comments regarding the implementation of the new physical fitness program and the associated regulation changes.

7. PERSONNEL: Please note: even though the current edition of CAPR 39-2 requires you send membership application and money to Wing, it has been superceded. **ALL MEMBERSHIP APPLICATIONS AND ALL DUES, NATIONAL AND WING, SHOULD BE SENT TO NATIONAL HEADQUARTERS.**

8. SENIOR PROGRAM DEVELOPMENT- There will be a Corporate Learning Course (CLC) conducted at VA Wing HQ on 28 and 29 June 2003. This is an excellent opportunity for Senior Members that need this training for completion of Level III of the Senior Training Program. The Course Director will be Lt Mike Portanova, Commander Newport News Composite Squadron. Send all CAPF 17 requests to VAWGHQ, attention ETP. Please direct all questions to Lt Portanova at mport@cox.net or 757-435-0400.

There is a Squadron Leadership School (SLS) scheduled for 23 and 24 August 2003. It will be given by South Carolina Wing HQ in Columbia, South Carolina. For more information, contact Lt Nancy Gleaton, Course Director at HQSC, POB 280065, Columbia, SC 29228-0065 or visit their website at www.scwg.cap.gov.

9. EMERGENCY SERVICES- The Wing's SAREVAL is scheduled for 19 July at Wing HQ in Chesterfield. Lt Col Lee Younger has agreed to serve as the Incident Commander. As an Air Force evaluated event, it is important that everyone who can contribute do so. Contact Lt Col Younger directly, especially if you have advanced mission base specialty ratings. Group 4 will be the host unit. Contact Maj Randy Hardy if you can provide base support for the exercise.

A review of faults found during inspections of Wings by the Air Force reveals that many Wings are not in compliance with selected directives. Among them are the requirements for the submission of mission documentation for Air Force funded missions. CAP Regulation 60-3 requires records to be kept in a CAP Forms 115, Emergency Services Mission Folder, and will include the incident commander's log, mission flight plans, personnel, vehicle and aircraft registers, all CAP and Wing forms used, message logs, copies of news releases, reports to the controlling agency and copies of all reimbursement requests along with any information that may be needed in answering any questions relating to the mission. This includes the submission of CAP Form 104 by pilots CAP Form 109 by ground team leaders or U/DF team leaders.

The Emergency Services Team is pleased to announce that Lt Col Rick Ritchie will be joining the Wing staff as the Deputy Director of Emergency Services. He will also represent the Wing on issues of Homeland Defense and is the Wing's appointment as Liaison to the Federal Emergency Management Agency. The ES Team also announces the appointment of Lt Col Doug Dudley as the Assistance Director of Emergency Services for Training. Lt Col Dudley will be serving as exercise coordinator for selected SAR training exercises and also as a course instructor for programmed training.

Due to an increased task load, the Mission Pilot and Observer training course scheduled for June 21 is cancelled.

All CAP members involved in Emergency Services are encouraged to check the National Headquarters web page under the National Emergency Services Academy for frequent updates of training materials. Recent additions include a Ground Reference Text, Urban/DF Reference Text and an updated Aircrew Reference Text. Also included are training slides and instruction material for many ES specialty rating tasks.

Effective immediately both Ground Examiners and IC examiners will no longer be used by Virginia Wing. The system VA Wing uses will now be the one articulated in its entirety in CAPR 60-3. Individuals are encouraged to check the ES Policy Letter posted on the Paperless Wing for more detailed instructions on applications for ES ratings.

10. OPERATIONS- The Monthly Aircraft Utilization Report, VAF-13, the CAPF 99, Flight Logs and any monies due Wing must be in Wing Headquarters by the 10th of each month. A FAX will not be accepted unless specifically directed by the Director of Operations.

Cases of aircraft engine oil are being stored at Wing Headquarters for use by the Squadrons with aircraft. Aircraft custodians can arrange to pick up cases of oil to be used for maintenance of planes. A check out sheet is posted in the shed to be filled out when you pick out oil. Give to Admin Assistant so oil can be ordered when needed.

11. SAFETY- There has been another CAP airplane accident reported recently. That is the second this year, and it adds to the several occurring during the past, very notably accident-producing year.

The two accidents this year and those last year have similarities in the sense that they involve activities that we in the CAP are involved in quite often. They involve circumstances, determined, apparent or suspected, that are avoidable.

As we think about the flights we are about to make, it is important to "fly" the flights in our mind to anticipate the hazards we might encounter, the risks resulting from those hazards, and what we can do to remove, or significantly reduce, those risks.

It seems simple when you stop to think about it. Things like maintaining an adequate height above terrain we are over, maintaining adequate speed and coordination in all flight circumstances, maintaining an appropriate landing approach profile for the runway we are using, and knowing the airplane performance available for the conditions we face, all matter. And they are all worth a few extra minutes of contemplation as we approach the situation at hand -- takeoff, enroute or landing. Please continue to consider safety first.

12. AEROSPACE EDUCATION- Aerospace Education Foundation Grants: The summer deadline for CAP units to apply for a grant is 30 June. Up to \$250.00 in funds is available to each unit that wins, so get those forms filled out and sent in. All units that are selected are required to send in a follow-up report on how the grant money was spent. Each unit can apply for a grant every other year.

Rocky Mount-Wilson Regional Airport will host a Centennial of Flight Celebration Honoring Women in Aviation: It will open to the general public Saturday, June 7, 2003 from 10-5PM and Sunday, June 8, 2003 12Noon-5PM.

The event is free and food and beverage vendors will be on site. On display will be the history of the WASPS, the 99s, career and educational exhibits from NASA and the FAA, Civil Air Patrol as well as other aviation groups. For questions concerning this event please visit the following website: www.rwairport.com/aviation.htm or e-mail info@rwairport.com

Yeager Award: National Headquarters reports that over 800 members earned the Yeager Award in 2002. This is over twice the number earned in any previous year. This achievement is a required achievement for Level 3 Professional Development. How is YOUR unit doing? How many Yeager Award members are there in your unit? When the test is taken be sure to send the ENTIRE answer and score sheet to me so that I can include the names of those who have passed in my monthly report to National.

Remember that the second quarter AE Activity report will be due no later than July 5th. If you keep a diary or notes as activities occur it will not take more than a few minutes to fill out the form and forward it to me. Your report does not have to be fancy, I can take your notes and do my report combining the reports of all the units. We had all but 3 groups and 7 squadrons get the first quarter reports in. Let's make it 100% for the second quarter.

13. TRANSPORTATION- During recent weeks, a variety of single issues surfaced that I feel need to be addressed. Please read this to your Senior members at your next squadron meeting. Even if your unit does not have a vehicle assigned, this information is for **ALL** Senior members.

If your unit needs the use of a vehicle for an activity contact your Group commander for assistance to obtain a vehicle assigned to your Group. If one is not available contact the Wing Transportation Officer for assistance. Please send an e-mail with the particulars to transoff@quixnet.net. A verbal request is fine, but it needs to be followed up with an e-mail. I **will not** consider it an official request until I get the e-mail.

If you borrow a vehicle, ensure that the CAPF 73 is filled out correctly. If you are not sure how to fill it out, read CAPR 77-1. If you still have questions, get with the vehicle custodian for that vehicle. As a last resort, call me. I can be reached at 804-241-4266 between 7:00 AM and 9:00 PM, voice mail the rest of the hours.

When you return a borrowed vehicle ensure that it is full of gas, provided that it was full when you got it. If you are loaning a vehicle to another unit, be sure the gas tank is full.

There is a major misconception that there is a van at Wing Headquarters for the general use of anyone that needs it and can be used at will. **THIS IS NOT TRUE.** The van that is at Wing Headquarters is the responsibility of the Southside Composite Squadron. If there is a requirement for its use you must go through the squadron commander or vehicle custodian of that squadron, if you are in Group 4. If you are outside of Group 4, you must contact me and I will make the necessary inquiry on its availability. Don't think if you "drop in" at wing that you have CAP transportation available. If you do, guaranteed you may be very disappointed.

A new site has been created for your use by Capt Chuck Cranford. The Vehicle Safety Briefings are intended to be informational and provide you with a resource of information about Vehicle Operations and Safety to use at your own unit meetings and activities.

To view and print the articles you will need a PDF reader. If you need one I have provided a link to Adobe Acrobat where you can download a free Acrobat Reader. This is the same program that is needed to download forms and documents from the National and Middle-East Region websites. The website address is: www.VAWGTransportation.fullmoonwebs.com and I would appreciate any feedback that you may have regarding this site. You may email me at capnurse@comcast.net.

Effective 1 July 2003, any person residing in the Commonwealth of Virginia being issued a new or renewed driver's license shall have a number assigned by the DMV that is NOT a social security number. Submitted by Lt Col D. S. Friedenber

14. GLIDER PROGRAM:

Group 3 We are getting together the schedule for the upcoming months. The weather should be turning soon (we hope) and it always makes for a fun day for the cadets. As always, we need support personnel to help make these glider days safe and fun. Please participate when you can.

Group 5 I wanted to let you know the results of a little competition we had going among the cadets in Group 5. This scholarship program was announced to all squadrons within the group a few weeks ago. The scholarships provide 35 flights, which, depending on the cadet's progress, could take them up to their private license in the glider. The Tidewater Soaring Society has announced the winners of their glider scholarships. The winners are: Cadet Matt DeFoore of the Norfolk Composite Squadron and Cadet Anthony Mascaro of the Langley Composite Squadron.

Both of these outstanding young men have been very involved in the CAP glider program here in group 5. Even when they do not get to fly, they participate as ground operations personnel assisting other cadets. I am very proud of both

of them. Please join with me in congratulating them. I'll keep you posted on their progress. It is my understanding the program begins next Saturday.

15. CHAPLAIN/CISM: Please join me in welcoming our newest Chaplain, Lt Manuel Otero of Winchester Composite Squadron.

16. COUNTER DRUG-Grand Slam is scheduled for 28 July through 8 August. If you are interested, contact CDO. Letters will be going out asking for crew commitments in the near future. Pilots, please get current on your instrument rating as IFR is a must to participate.

17. HEALTH SERVICES OFFICE- Blood Borne Pathogens: What You Should Know

It is entirely possible that during the course of our activities that we may be exposed to someone else's body fluids. You may come upon an accident or a friend or co-worker may injure themselves on the job. You never know. There are many diseases out there that can cause you a great deal of harm without you even being aware of being infected.

Blood borne pathogens are microorganisms such as viruses or bacteria that are carried in blood and can cause disease in people. There are many different blood borne pathogens including malaria, syphilis, and brucellosis, but *Hepatitis B (HBV)* and the *Human Immunodeficiency Virus (HIV)* are the two diseases specifically addressed by the OSHA Bloodborne Pathogen Standard.

How would a person contract a bloodborne pathogens such as HBV and HIV? Through contact with infected human blood and other potentially infectious body fluids such as semen, amniotic fluid, saliva (in dental procedures), spinal fluid, and any body fluid that is visibly contaminated with blood.

Hepatitis B and HIV are most commonly transmitted through sexual contact; the sharing of hypodermic needles; accidental puncture from contaminated needles, broken glass, or other sharp objects; contact between broken/damaged skin and infected body fluids; contact between mucous membranes and infected body fluids; and sadly from infected mothers to their babies either at birth or prior to birth.

It is important to note that unbroken skin forms an impervious barrier against bloodborne pathogens. However, infected blood can enter your system through open sores; cuts; abrasions; acne; and any sort of damaged or broken skin such as sunburn or blisters. Blood borne pathogens may also be transmitted through the mucous membranes of the eyes, nose, and mouth.

Now that I have everyone's attention on how nasty blood borne pathogens are, how do you prevent infection?

Obviously you want to limit your exposure to any body fluid. It is essential that in protecting yourself to have a barrier between you and the infectious material. There are rules to follow that include always wearing personal protective equipment (PPE) in exposure situations; remove PPE that is torn or punctured, or has lost its ability to function as a barrier to blood borne pathogens; replace PPE that is torn or punctured; remove PPE once you are no longer at risk of exposure.

Hand washing is one of the most important (and easiest) practices used to prevent transmission of bloodborne pathogens. hands or other exposed skin should be thoroughly washed as soon as possible following an exposure incident. Use soft, antibacterial soap, if possible. Avoid harsh, abrasive soaps, as these may open fragile scabs or other sores. Hands should also be washed immediately, or as soon as possible, after removal of gloves or other personal protective equipment.

Preparedness, Prevention, and Personal Safety; Three of the four "P"'s of the Virginia Health Services program. By being *prepared* for possible exposure to blood borne pathogens (by way of training and wearing Personal Protective Equipment) you will *prevent* exposure and maintain your *personal safety*.

July 2003

**12 Commander's Call Unit CC's, Group CC's and Wing Staff (Mandatory);
other members welcome, VAWGHQ**

18-20 WG SAREVAL, VAWG Headquarters, Richmond

27-1 Grand Slam, Mountain Empire, VA

REPORTS DUE: (Required by NHQ &/or Wing CC)

5 - Corp. Vehicle Daily Reports

10 - VA Wg A/C Utilization Reports due (Including Checks)

- 2nd Qtr. Safety Report

- 2nd Qtr. Public Affairs Report and Monthly Report

- 2nd Qtr. Aerospace Education Report

Newsbreak

Byrd Field Cadet Squadron- Cadet Lt. Lance Johnson has been selected as the new Cadet Commander at Byrd Field Cadet Squadron. He replaces Nicholas Pajic who has been reassigned to Group 4 staff.

On Tuesday, 5/27 the squadron had a very distinguished visitor. Capt. Sloan Hollis, USAF came by and talked to the Squadron. Capt Hollis, a B1 pilot, talked about his experiences in Iraq during Operation Enduring Freedom. He also gave the cadets an in depth idea of the training in different kinds of planes a person goes through on the way to getting to the point of flying planes like B1s. Capt Hollis talked about the application process he encountered when applying for the Air Force Academy and the opportunities that opened to him after he graduated. We stay in touch with Sloan to keep up on what he is doing and always look forward to his coming to the Squadron meetings when he can to tell us about his experiences.

Langley Composite Squadron- In the past months our squadron has been extremely active in many areas. These range from our Honor Guard team to cadet promotions due to outstanding test scores. We participated in a road march all around the Langley Air Force Base. Though this may seem like a grueling task, these motivated cadets were undaunted by the task and had an enjoyable day. Our Squadron has also formed a Cadet Honor Guard to assist the Air Force Honor Guard located on base. Due to many deployments, they have had a hard time keeping commitments so we are helping out.

Congratulations to the following on their promotions: C/Tsgt C. Dumont, C. Jackson, J. Osbourne; C/MSgt K. Welsch; C/SMsgt C. Brock, M. Miller, J. Stump J. Colaneri and C/CMsgt A. Mascaro; Also, 2 Lt M. Shidisky. Lt Robert Carey and Capt Jeremy Langrock completed Squadron Leadership School in April. Capt Shidisky completed the NCASE course in Ohio.

Leesburg Composite Squadron- Three cadets from the Leesburg Squadron of the Civil Air Patrol were presented with the coveted Billy Mitchell award April 29, 2003, by former Astronaut and Shuttle Pilot Col. Guy Gardner, USAF, during a ceremony at Lockheed-Martin Management Systems Division in Chantilly, VA.

The award, a milestone in cadet achievements, was presented to 2nd Lt. Geoffrey Becker, 2nd Lt. Chris White and 2nd Lt. Marisa Yarmie in a moving ceremony which included an address by Col. Guy Gardner discussing his journeys into space aboard the space shuttle, was attended by 60 Civil Air Patrol members and family.

Following a procession of cadets in dress uniform, Deputy Commander of the Leesburg Cadets, 1st Lt. John J. White welcomed the gathering followed by the invocation by the squadron Moral Leadership officer 2nd Lt. James Becker. After presenting the keynote address, Astronaut Col. Guy Gardner joined Virginia Wing Group 3 Commander, Lt. Col. Jim Truxel in the presentation of the awards. Coffee and cake followed the ceremony.

Colonel Guy Gardner, USAF, has served as a fighter pilot, test pilot, astronaut, executive, and teacher. Col. Gardner's volunteer activities have included: member of various advisory boards, speaker to school and civic groups, youth group leader, adult and youth Sunday school teacher, and Explorer Post leader. In his address Col. Gardner showed video of scenes from his two shuttle missions including what it feels like to be 'weightless' in space; astronaut baseball; the longest touchdown pass; eating, sleeping and other functions in space; and earth's geography from above.

Leesburg Composite held a first aid and CPR training class for Seniors on May 17th. Eleven seniors took part and passed the course as part of their training for GES.

Leesburg Composite held a hanger spring cleaning to repair and clean the squadron hanger at Leesburg Airport. About 15 Senior members attended repairing the sliding door, wind stops and mounting a new white board as well as removing several bags of trash and years of abandoned and broken equipment.

Newport News Composite Squadron- began the month of May with a special presentation about over water flying by guest speaker Maj Jay Cates. Maj Cates is the CT Wing Stand/Eval Officer as well as an experienced over-water mission pilot who flew on the search for JFK'jr as well as 9/11 disaster relief flight. His presentation covered over water flight safety issues as well as information on spatial disorientation.

The Squadron was invited by the Newport News Office of Emergency Management to participate in a special hurricane awareness program sponsored in part by the City of Newport News and the national Weather Service. As part of this event, members of NNCS demonstrated slow scan equipment to Max Mayfield, head of the National Hurricane Center, and many other emergency officials.

We also led a joint field trip with the local Coast Guard Auxiliary Flotilla to the National Weather Service Field Office in Wakefield Virginia. At the field office, we were treated to a tour by Bill Sammler who demonstrated the many tools available to forecasters when developing aviation weather forecasts.

Finally we ended the month with a special seminar on surviving an aircraft accident. This seminar, part of our aircrew training curriculum, was presented by Tom Jones of the Richmond FSDO. Tom Jones is not only a pilot and flight instructor, but is also an instructor for the Virginia Department of Game and Inland Fisheries where he instructs survival courses.

Cadets Taylor and Wingfield participated in the 8 May Hurricane Awareness Event at Newport News - Williamsburg International Airport. The National Hurricane Center flew in one of two fully outfitted Lockheed Martin P-3 Orion Hurricane Hunter aircraft for display. Max Mayfield - the Director of the National Hurricane Center in Miami FL, Joe Frank - the Mayor of Newport News, a multi-city delegation of regional Emergency Operations Center personnel, Bill

Sammler of the Wakefield NWS, and Virginia Department of Emergency Management officials were in attendance. The cadets wore dress blues and were observed in conversations with a number of officials concerning their roles and responsibilities in the Civil Air Patrol emergency services program.

C/SMSGT Sturdy completed the requirements for UDF certification. C/2Lt Taylor, C/MSGT Swartz, and C/MSGT Ragsdale were selected to enter the SOLO program this summer.

Ms. Natalie Romano joined the NNCS cadet program in May. C/AB. Romano has 2 years of JROTC experience and her mother is AF Maj Barbara Romano at LAFB. Ms. Romano is planning to transfer to the IL Wing in June.

Norfolk Composite Squadron- marched on Saturday May 24th in the Pungo Strawberry Festival Parade which is a locally televised event. Our Squadron had 15 participants along with 11 from Langley and 3 from Newport News. It was a great way to promote CAP. Congratulations are due to Norfolk Composite's Cadet Matt DeFoore in being awarded one of two Tidewater Soaring Society Glider Scholarships which will provide 35 glider flights toward a private license in the glider. Norfolk Composite also congratulates Langley Cadet Anthony Mascaro in winning the other Scholarship. Congratulations to C/Maj Tim Bateman in passing his FAA written exam. Cadet Bateman is a solo cadet and is working to earn his Private Pilot License.

Roanoke Composite Squadron- C/Captain Patrick Bennett from the Roanoke Composite Squadron received a Citation by the Air Force Association on May 1, 2003, during their Annual Banquet. Captain Bennett earned the reward for his fast rise in the Roanoke Cadet Squadron, as well as his responsibilities as cadet Commander. He currently represents Group I in the Virginia Wing Cadet Advisory Council. The award was presented by Roanoke Squadron Commander Captain Lisa de Vries. To the right is Lt.Col John F. Ree (USAF-ret), Vice President of the VA State AFA.

The following cadets were promoted this month: C/A1C Q. Daugherty and J. Woodard; C/SrA J. Varney. C/A1C Marshall Cox was named Roanoke's Cadet of the Quarter. C/2 Lt Tim King earned the Red Service Ribbon for two years of service. 1Lt Martin earned the FAA Commercial Pilot Rating this month.

We had a guest speaker, Gary Powers, from the Transportation Security Agency (TSA) at our meeting. He spoke on the TSA and airline security.

Southside Composite Squadron- A change of command ceremony was held for both Squadron Commander and Cadet Squadron Commander on May 6th. 1st Lt Larry Evan took command of the Southside Composite Squadron from Capt Jim Piper. C/MSGT Nicholas Skaperdas took command of the Cadet Squadron from C/2d Lt Richard Heinzman. C/CMSGT Laura Thiem will serve as the Deputy Cadet Commander.

The following cadets were promoted in May: C/MSGT Lydia Downey, C/SMSGT Nicolas Skaperdas, C/MSGT John Carter and C/Amn Steven Jackson.

Members of the Southside Composite Squadron's Color Guard presented the Colors at the May 4th Richmond Braves baseball game. The Braves lost, but our Color Guard did an excellent job.

On May 17th members of the Southside Composite Squadron provided childcare at the Sandston Army National Guard Armory while family members of the deployed unit attended a family support meeting. This was the last time we will be providing childcare as the unit is returning from deployment.

On May 20th, Brigadier General Totsch, Commander of the Defense Supply Center in Richmond, visited the squadron and gave an hour talk on the activities of the Defense Supply Center and highlights of his distinguished Air Force career.

Winchester Composite Squadron-On May 2 & 3d, cadets from the Winchester Composite Squadron marched in both the Fireman's Parade and the Grand Parade for the Winchester Apple Blossom Festival. These parades are about 3.5 miles in length and a highlight for the festival.

On 17 & 18 May, the cadets were again busy supporting the spring EAA fly-in at the Winchester Airport. The SARCAP for 9-11 May at Winchester was a washout as the clouds lowered and the rains came. An attempt was made on 12 May for a Senior Glider Day with Maryland and Virginia Seniors participating but was canceled after two tows due to extremely high winds. On 25 May the Winchester Composite color guard provided the honors for Memorial Day at the Blue Ridge Bible Church in Purcellville, Virginia. May 29th brought about a change of command for the Winchester Deputy Commander of Cadets. Captain Gina Hope relinquished command and will become the squadron's Administrative Officer while First Lieutenant Adam Sowder will assume the reigns as Deputy Commander for Cadets. Earlier, Captain Hope had received a Commanders Commendation for her untiring work as the DCC. On 31 May, LtCol. Jimmy Kilbourne and LtCol. Bob Kaplan attended the Wing Flight Clinic.